



SRI RAMAKRISHNA MISSION VIDYALAYA COLLEGE OF EDUCATION

(An Autonomous College affiliated to the Tamil Nadu Teachers Education

University and accredited with A++ grade (CGPA (3.82) by NAAC)

Sri Ramakrishna Vidyalaya Post, Coimbatore - 641 020.

Ph: 0422-2692441 e-mail: srkvcoe@yahoo.co.in Website: www.srvcoe.org

Secretary : Swami Garishthananda

Principal: Dr. G. Subramonian

02.11.2020

NOTICE

There will be a meeting of the **Board of Studies** of the College of Education at 03.00 p.m. on 11th November 2020. The agenda of the meeting is as follows:

- 1) Confirmation of the minutes of the previous meeting.
- 2) Updating B.Ed. syllabus.
- 3) Any other matter.

You are requested to kindly attend the meeting.

Yours sincerely,

(Dr. G. Subramonian)
Principal and Chairman (BOS)
Principal

Sri Ramakrishna Mission Vidyalaya
College of Education (Autonomous)
Coimbatore-641 020.



Principal
Sri Ramakrishna Mission Vidyalaya
College of Education (Autonomous)
Coimbatore-641 020.

**SRI RAMAKRISHNA MISSION VIDYALAYA COLLEGE OF EDUCATION
COIMBATORE - 641 020**

Board of Studies Meeting on 11-11-2020 - MEMBERS PRESENT

S. No.	Name and Address	Category	Signature
1)	Swami Nirmaleshananda, Secretary, Sri Ramakrishna Mission Vidyalaya Swami Sivananda Hr. Sec. School, Coimbatore -641 020.	Member (Allied area for placement)	<i>Swami Nirmaleshananda</i>
2)	Dr. G. Singaravelu, Professor & Head, Department of Education, Bharathiar University, Coimbatore - 641 046.	University Representative	<i>thru' online</i>
3)	Dr. V. Manoharan, Assistant Professor in Education, Govt. College of Education, Kumarapalayam - 638 183.	Nominated by Academic Council	<i>online</i>
4)	Mrs. S. S. Manimozhi, Assistant Professor (SG), Department of Education, Avinashilingam University for Women Ayya Avinashilingam Nagar, Varapalayam Via, Thadagam Post, Coimbatore - 641 108.	Nominated by Academic Council	<i>online</i>
5)	Sri. S. Veerakumar, Headmaster, Sri Ramakrishna Mission Vidyalaya High School, Coimbatore - 641 020.	Meritorious Alumnus	<i>S. Veerakumar</i>
6)	Dr. V. Shanmuga Ganesan, Associate Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>Dr. V. Shanmuga Ganesan</i>
7)	Dr. V. Srinivasan, Associate Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>Dr. V. Srinivasan</i>
8)	Dr. S. Swaminathan, Librarian, SRKV College of Education, Coimbatore - 641 020.	Member	<i>Dr. S. Swaminathan</i>
9)	Dr. M. Jagadesh, Assistant Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>Dr. M. Jagadesh</i>
10)	Dr. R. Ayyappan, Assistant Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>Dr. R. Ayyappan</i>
11)	Dr. S. Sivasankar, Director of Physical Education, SRKV College of Education, Coimbatore - 641 020.	Member	<i>S. Sivasankar</i>
12)	Sri. A. Manickasamy, Assistant Professor, SRKV College of Education, Coimbatore - 641 020.	Member	
13)	Dr. G. Subramonian, Principal, Sri Ramakrishna Mission Vidyalaya College of Education, Coimbatore - 641 020.	Chairman	<i>Dr. G. Subramonian</i>



Principal
Principal 'c
Sri Ramakrishna Mission Vidyalaya
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**Sri Ramakrishna Mission Vidyalaya College of Education (Autonomous),
Coimbatore - 641020**

Minutes of the BoS Meeting held on 11.11.2020

Members Present:

- | | |
|---|---|
| 1. Swami Nirmaleshananda,
Secretary, Swami Sivananda Hr. Sec. School | - Member
(Allied Area for Placement) |
| 2. Dr. G. Singaravelu, Professor and Head,
Dept of Education, Bharathiar University | - Member (University
Representative) |
| 3. Mrs. S. S. Manimozhi, Assistant Professor
Avinashilingam University, Coimbatore | - Member (AC Nominee) |
| 4. Dr. V. Manoharan Assistant Professor
Government College of Education, Komarapalayam | - Member (AC Nominee) |
| 5. Sri. S. Veerakumar, Head Master,
SRK Vidyalaya High School | - Member (Meritorious Alumnus) |
| 6. Dr. V. Shanmuga Ganesan, Associate Professor | - Member |
| 7. Dr. V. Srinivasan, Associate Professor | - Member |
| 8. Dr. S. Swaminathan, Librarian | - Member |
| 9. Dr. M. Jagadesh, Assistant Professor | - Member |
| 10. Dr. R. Ayyappan, Assistant Professor | - Member |
| 11. Dr. S. Sivasankar, Director of Physical Education | - Member |
| 12. Dr. G. Subramonian, Principal | - Chairman |

Leave of Absence:

- | | |
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| 1. Sri. A. Manickasamy, Assistant Professor | - Member |
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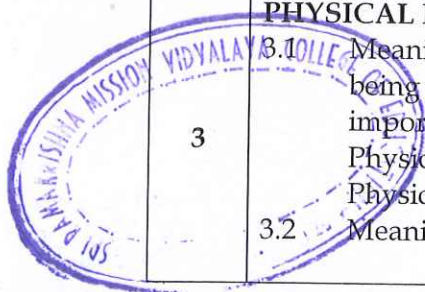
Minutes:

- Confirmation of the minutes of the previous meeting held and points arising there from.
 - The minutes of the previous meeting of the BoS were read and approved.
- Changes adopted in the existing B.Ed., curriculum for the II Year - IV Semester
Elective Paper -Physical Education (B4 EL PE)

Unit	Existing	Revised
	INTRODUCTION TO PHYSICAL EDUCATION	HEALTH EDUCATION
	1.1 Definition - Meaning - Aim and objectives of Physical Education.	1.1 School Health services: Objectives - Role of health education in schools.
	1.2 Physical Education as an integral part of general Education.	1.2 Common Communicable Diseases: Meaning - Causes, Symptoms & preventions of : Malaria - Typhoid - Cholera - Diarrhea - Smallpox - Whooping Cough.
	1.3 Principles of Physical Education	
	1.4 Modern Olympics - Asian	




	<p>1.4 Modern Olympics - Asian games</p> <p>1.5 Role of national Organizations viz. SAI, NSNIS, IOC, IOA, SDAT, SGFI AND LNIPE in Promoting Physical Education and Sports in India.</p>	<p>Whooping Cough.</p> <p>1.3 Food and Nutrition: Nutritional needs of body - under nutrition - malnutrition - calorie requirements for different age and gender - Ergogenic aids in Sports.</p> <p>1.4 Common Sports injuries and their first-aid treatment: Sprain, Strain, Contusion, Fracture, Dislocation and Skin injuries</p> <p>1.5 Therapeutic Approaches: PRICE therapy -Hydrotherapy: Cryotherapy, Thermotherapy- Electrotherapy.</p>
2	<p>METHODS, ORGANIZATION & ADMINISTRATION</p> <p>2.1 Lesson plan - Parts and preparation of general lesson.</p> <p>2.2 Methods of teaching Physical Activities.</p> <p>2.3 Organization of Intramural and Extramural competitions.</p> <p>2.4 Organization of Play Festival - Tournaments and Athletics Meet.</p> <p>2.5 Basic knowledge of Physical Activities and games:</p> <p>i) Calisthenics</p> <p>ii) Indigenous activities</p> <p>1) Padmasana 2) Bhujangasana 3) Shalabasana 4) Dhanurasana 5) Sarvangasana 6) Halasana 7) Vakrasana 8) Artha matchiyendrasana 9) Savasana</p> <p>iii) Minor Games</p> <p>iv) Major games: basic skills and rules of the following games:</p> <p>i) Indigenous games: Kabaddi (or) Kho- Kho</p> <p>ii) ii) Ball Games : Volleyball (or) Ball Badminton</p>	<p>METHODS, ORGANIZATION & ADMINISTRATION IN PHYSICAL EDUCATION</p> <p>2.1 Lesson plan - Parts and preparation of general lesson.</p> <p>2.2 Methods of teaching Physical Activities.</p> <p>2.3 Organization of Intramural and Extramural competitions, athletic meets.</p> <p>2.4 Minor games & Major games (Team) : Basic skills and rules of the following games:</p> <p>a) Indigenous games: Kho-Kho</p> <p>b) Ball Games : Volleyball</p> <p>2.5 Test Administration : Assessment of Physical Fitness - AAHPERD Youth fitness test - AAHPERD Health Related Physical Fitness test - Cooper's Run and Walk test (12 minutes - Men, 8 Minutes - Women)</p>
3	<p>PHYSICAL FITNESS</p> <p>3.1 Meaning of Physical Well being - Physical fitness and its importance - Relationship of Physical well being with Physical fitness.</p> <p>3.2 Meaning and importance of</p>	<p>VARIOUS TOURNAMENTS, ORGANIZATIONS AND AWARDS</p> <p>3.1 Modern Olympics: History - Year & Venues (Previous three and forth coming Olympics) - Olympic Ring - Olympic Flag - Olympic Motto.</p>



	<p>components of fitness: Strength, Flexibility, Muscular endurance and Cardio-vascular endurance.</p> <p>3.3 Assessment of Physical Fitness - AAHPERD Youth fitness test - AAHPERD Health Related Physical Fitness test- Cooper's Run and Walk test (12 minutes - Men, 8 Minutes - Women)</p> <p>3.4 Development of Components Of Physical Fitness i) Stretching Exercises ii) Isotonic exercises iii) Aerobic exercises</p> <p>1.5 Adapted Physical education Programme for the disabled.</p>	<p>3.2 Asian Games : History - Year & Venues (Previous three and forth coming Asian Games)</p> <p>Commonwealth Games: History - Year & Venues (Previous three and forth coming Games)</p> <p>3.3 Role of National Organizations viz. SAI, NSNIS, IOC, IOA, SDAT, SGFI and LNIPE in Promoting Physical Education and Sports in India.</p> <p>3.4 Bharathiar day sports, Republic day sports. Adapted Physical Education: Activities for Differently abled persons.</p> <p>3.5 Awards: Arjuna, Dronacharya, and Rajiv Gandhi Khel Rathna award.</p>
4	<p>HEALTH EDUCATION</p> <p>4.1 Meaning and Importance of health - Importance of health Education - School health Programme.</p> <p>4.2 Communicable diseases: Typhoid, Cholera, Chicken pox, Malaria and T.B - Agencies of Transaction - Signs and Symptoms - measures to control in the school campus.</p> <p>4.3 Food and Nutrition: Nutritional needs of body, Constituents of good nutritive food - balanced diet, under nutrition - malnutrition - calorie requirements for different age and sex. Ergogenic aids in Sports.</p> <p>4.4 Common Sports injuries and their first-aid treatment (Sprain, strain, Contusion, Fracture, Dislocation and Skin injuries) and some common ailments among school children (Chilblain, prickly heat - warts - Impetigo - Erysipelas and Whitlow)</p> <p>4.5 Sex Education - Aids awareness Programme.</p>	<p>YOGIC THERAPY-I</p> <p>Symptoms, causes and therapeutic values of yoga in the following diseases</p> <p>4.1 Arthritis</p> <p>4.2 Back pain</p> <p>4.3 Constipation</p> <p>4.4 Blood pressure</p> <p>4.5 Stress and Asthma</p>



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5	INTRODUCTION TO ENVIRONMENTAL EDUCATION 5.1 Definition, Scope and Need of environmental Hygiene. 5.2 Environmental Segments - atmosphere - Hydrosphere - lithosphere - Biosphere 5.3 Suitable physical environment for an ideal school 5.4 Role of teachers in promoting a congenial physical environment in the school campus. 5.5 Role of Government and Non-Government organizations in creating awareness on the importance of environmental hygiene.	YOGIC THERAPY-II Symptoms, causes and therapeutic values of yoga in the following diseases 5.1 Diabetes 5.2 Obesity 5.3 Insomnia 5.4 Depression 5.5 Heart diseases & Healthy life
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The Board approved the changes made in the Elective Paper - B4 EL PE Physical Education (B.Ed., II Year - IV Semester) from the Academic Year 2020-21.


3. The Board also approved that in the context of Covid-19, it is decided to commence the IV Semester from the beginning of the Academic Year 2020-21 (in the place of III Semester) and the internship shall be after the reopening of schools (in the place of IV Semester).


It is also decided and approved by the Board for the conduct of Semester Examinations (both III and IV Semesters - Theory and Practicals) for the Academic Year 2020-21 at the end of the Programme for the students of 2019-2021 batch.

4. Self-study course namely Human Rights Education (FSHRE) in the B.Ed., Programme is removed from the Academic Year 2020 -2021 and introduce two new Self-study courses namely Information and Communication Technology and Mathematical Reasoning and Aptitude in the B.Ed., Programme from the Academic Year 2020 - 2021. The above point no. 4 is ratified and approved by the Board.

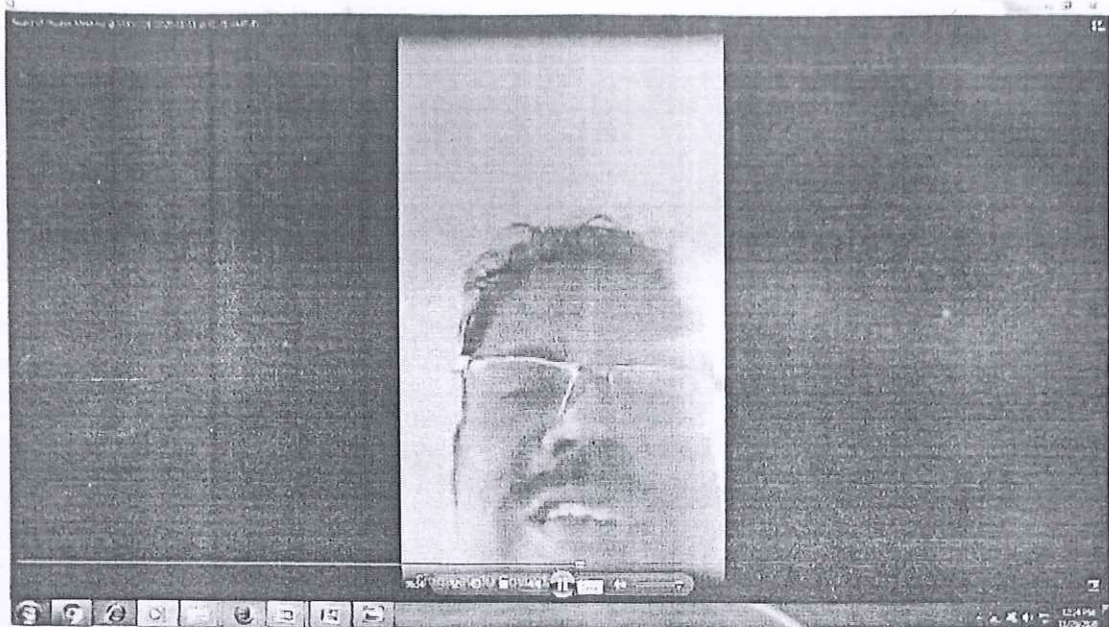
Meeting ended with vote of thanks.



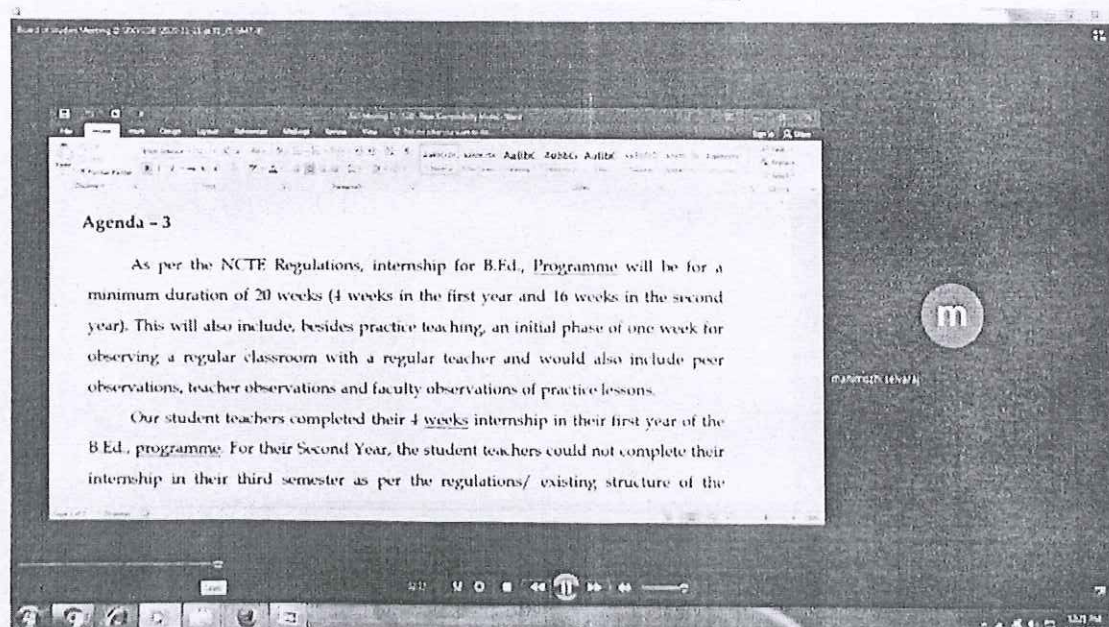

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 Sri Ramakrishna Mission Vidyalaya
 College of Education
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 Chairman,
 Board of Studies
 (Dr. G. Subramonian)
Principal
 Sri Ramakrishna Mission Vidyalaya
 College of Education (Autonomous)
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Board of Studies Meeting




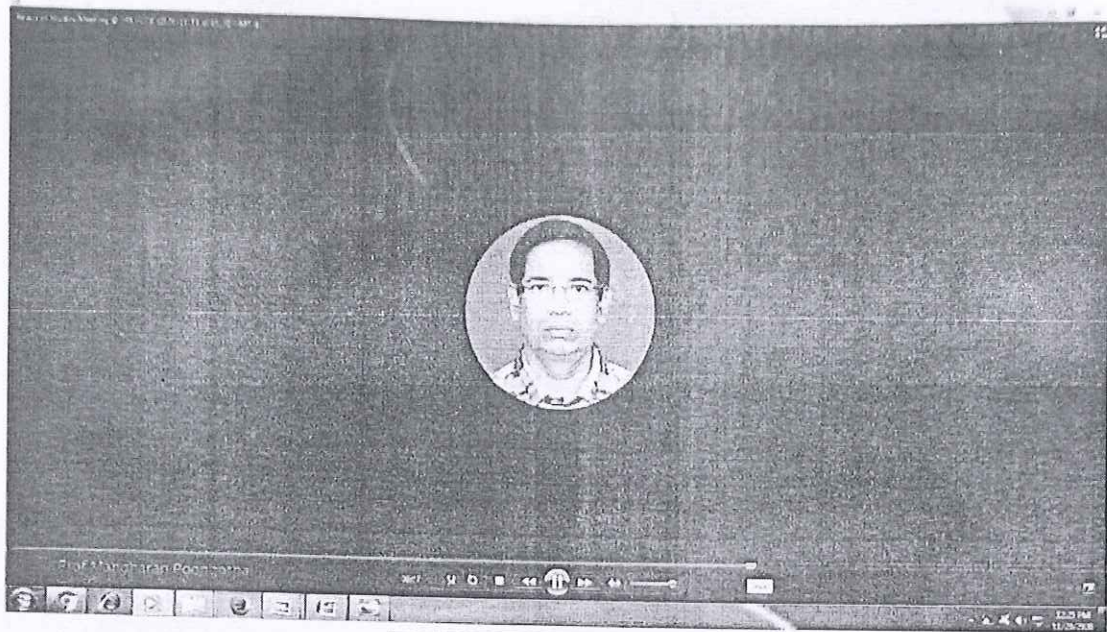
Dr. G. Singaravelu



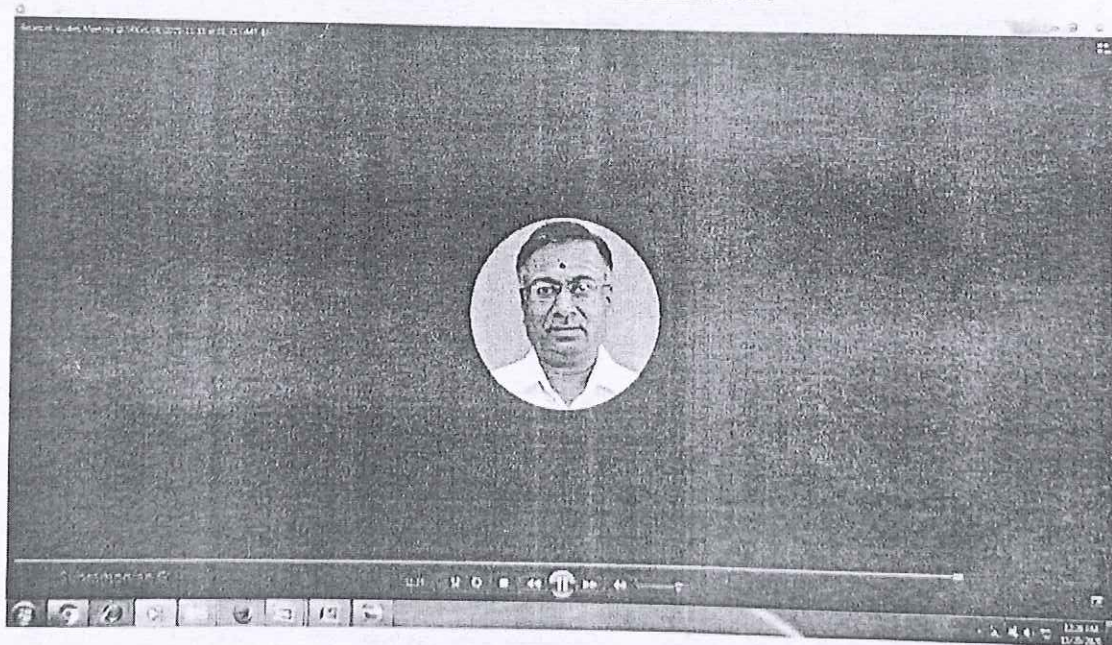
Mrs. S. S. Manimozhi




Principal
Sri Ramakrishna Mission Vidyalaya
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Dr. V. Manoharan



Dr. G. Subramonian




Principal
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