



**SRI RAMAKRISHNA MISSION VIDYALAYA COLLEGE OF EDUCATION**  
(An Autonomous College affiliated to the Tamil Nadu Teachers Education  
University and accredited with A++ grade (CGPA 3.82) by NAAC)  
Sri Ramakrishna Vidyalaya Post, Coimbatore - 641 020.  
Ph: 0422-2692411 e-mail: srkvcoe@yahoo.co.in Website: www.srkvcoe.org

Secretary : Swami Garishthananda

Principal: Dr. G. Subramonian

02-11-2020

NOTICE

There will be a meeting of the **Academic Council** of the College of Education at 03.30 p.m. on 18<sup>th</sup> November 2020. The agenda of the meeting is as follows:

1. Confirmation of the minutes of the previous meeting.
2. Updating B.Ed., Syllabus.
3. Matters arising out of the meeting of the Board of Studies held on 11-11.2020.
4. Any other matter.

You are requested to kindly attend the meeting.

Yours sincerely,

(Dr. G. Subramonian)  
Principal and Chairman (AC)

Sri Ramakrishna Mission Vidyalaya  
College of Education (Autonomous)  
Coimbatore-641 020.



Principal i/c  
Sri Ramakrishna Mission Vidyalaya  
College of Education (Autonomous)  
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**SRI RAMAKRISHNA MISSION VIDYALAYA COLLEGE OF EDUCATION  
COIMBATORE - 641 020**

**Academic Council Meeting on 18-11-2020 - MEMBERS PRESENT**

S. No.	Name and Address	Category	Signature
1	Swami Garishthananda, Secretary, Sri Ramakrishna Mission Vidyalaya and College of Education, Coimbatore - 641020.	Special Invitee	<i>Swami Garishthananda</i>
2	Dr. K. Nachimuthu, Professor & Head, Department of Education, Periyar University, Salem - 636 011.	University Representative	online
3	Dr. B. William Dharmaraja, Professor & Head, Department of Education, Manonmaniam Sundaranar University, Thirunelveli- 627 012	University Representative	
4	Dr. P. Paul Devanesan, Professor, Department of Education & Curriculum Development, Alagappa University, Karaikudi - 630 003.	University Representative	
5	Dr. K. Kandappan, Dean, Student Support Services, SRMV College of Arts and Science, Coimbatore - 641 020	Member Outside (Educationist)	<i>K. Kandappan</i>
6	Sri G. Murali, Principal, SRKV Industrial Training Institute Coimbatore - 641020.	Member Outside (Engineer)	<i>G. Murali</i>
7	Dr. Ramakrishnan, 313, Ramani Relators, Trichy Road, Opposite to Kannan Departmental Stores Singanallur, Coimbatore - 641 005.	Member Outside (Medical)	
8	Dr. M. Sudheer, M.A., M.L., Ph.D, B-4, Tamil Nadu Govt. Employees Rental Housing Board, Udumalai Road, Dharapuram - 638657.	Member Outside (Legal)	online
9	Dr. V. Shanmuga Ganesan, Associate Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>V. Shanmuga Ganesan</i>
10	Dr. V. Srinivasan, Associate Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>V. Srinivasan</i>
11	Dr. S. Swaminathan, Librarian, SRKV College of Education, Coimbatore - 641 020.	Member	<i>S. Swaminathan</i>
12	Dr. M. Jagadesh, Assistant Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>M. Jagadesh</i>
13	Dr. R. Ayyappan, Assistant Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>R. Ayyappan</i>
14	Dr. S. Sivasankar, Director of Physical Education, SRKV College of Education, Coimbatore - 641 020.	Member	<i>S. Sivasankar</i>
15	Sri. A. Manickasamy, Assistant Professor, SRKV College of Education, Coimbatore - 641 020.	Member	<i>A. Manickasamy</i>
16	Dr. G. Subramonian, Principal, Sri Ramakrishna Mission Vidyalaya College of Education, Coimbatore - 641 020.	Chairman	<i>G. Subramonian</i>



  
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**Sri Ramakrishna Mission Vidyalaya College of Education  
(Autonomous)  
Coimbatore - 641020**

**Minutes of the Academic Council Meeting held on 18-11-2020**

**Members Present**

- |   |   |                               |
|---|---|-------------------------------|
| 1. Swami Garishthananda, Secretary                    | : | Special Invitee               |
| 2. Dr. K. Nachimuthu, Professor & Head                | : | University Representative     |
| 3. Dr. K. Kandappan, Dean, Student Support Services   | : | Member Outside (Educationist) |
| 4. Dr. G. Murali, Principal                           | : | Member Outside (Engineer)     |
| 5. Dr. M. Sudheer, Advocate                           | : | Member Outside (Legal)        |
| 6. Dr. V. Shanmuga Ganesan, Associate Professor       | : | Member                        |
| 7. Dr. V. Srinivasan, Associate Professor             | : | Member                        |
| 8. Dr. S. Swaminathan, Librarian                      | : | Member                        |
| 9. Dr. M. Jagadesh, Assistant Professor               | : | Member                        |
| 10. Dr. R. Ayyappan, Assistant Professor              | : | Member                        |
| 11. Dr. S. Sivasankar, Director of Physical Education | : | Member                        |
| 12. Sri. A. Manickasamy, Assistant Professor          | : | Member                        |
| 13. Dr. G. Subramonian, Principal                     | : | Chairman                      |

**Leave of Absence:**

- |  |   |                           |
|--|---|---------------------------|
| 1. Dr. B. William Dharmaraja, Professor & Head | : | University Representative |
| 2. Dr. P. Paul Devanesan, Professor            | : | University Representative |
| 3. Dr. V. Ramakrishnan                         | : | Member Outside (Medical)  |

**Minutes:**

1. Confirmation of the minutes of the previous meeting held and points arising there from.

It was resolved to confirm the minutes of the previous meeting held on 14-12-2019 and points arising there from.

2. Matters arising out of the meeting of the Board of Studies held on 18-11-2020.

It was resolved to approve the changes incorporated in the B.Ed., Syllabi approved by the Board of Studies.

3. Changes adopted in the syllabus of the following courses in the B.Ed., Programme

It was resolved to approve the changes made in the Elective paper B4 EL PE PHYSICAL EDUCATION (II Year - IV Semester) in the B.Ed., Programme. It was resolved to accept and incorporate the changes for



  
**Principal**

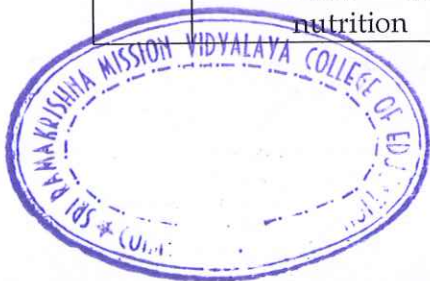
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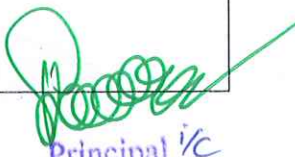
**B4 EL PE PHYSICAL EDUCATION**

Unit	Existing	Revised
1	<p><b>INTRODUCTION TO PHYSICAL EDUCATION</b></p> <p>1.1 Definition - Meaning - Aim and objectives of Physical Education.</p> <p>1.2 Physical Education as an integral part of general Education.</p> <p>1.3 Principles of Physical Education</p> <p>1.4 Modern Olympics - Asian games</p> <p>1.5 Role of national Organizations viz. SAI, NSNIS, IOC, IOA, SDAT, SGFI AND LNIPE in Promoting Physical Education and Sports in India.</p>	<p><b>HEALTH EDUCATION</b></p> <p>1.1 School Health services: Objectives - Role of health education in schools.</p> <p>1.2 Common Communicable Diseases: Meaning - Causes, Symptoms &amp; preventions of: Malaria - Typhoid - Cholera - Diarrhea - Smallpox - Whooping Cough.</p> <p>1.3 Food and Nutrition: Nutritional needs of body - under nutrition - malnutrition - calorie requirements for different age and gender - Ergogenic aids in Sports.</p> <p>1.4 Common Sports injuries and their first-aid treatment: Sprain, Strain, Contusion, Fracture, Dislocation and Skin injuries</p> <p>1.5 Therapeutic Approaches: Price therapy - Hydrotherapy - Cryotherapy - Thermotherapy - Electrotherapy.</p>
2	<p><b>METHODS, ORGANIZATION &amp; ADMINISTRATION</b></p> <p>2.1 Lesson plan - Parts and preparation of general lesson.</p> <p>2.2 Methods of teaching Physical Activities.</p> <p>2.3 Organization of Intramural and Extramural competitions.</p> <p>2.4 Organization of Play Festival - Tournaments and Athletics Meet.</p> <p>2.5 Basic knowledge of Physical Activities and games:</p> <p>i) Calisthenics</p> <p>ii) Indigenous activities</p> <p>1) Padmasana 2) Bhujangasana 3) Shalabasana 4) Dhanurasana 5) Sarvangasana 6) Halasana 7) Vakrasana 8) Artha matchiyendrasana 9) Savasana</p> <p>iii) Minor Games</p>	<p><b>METHODS, ORGANIZATION &amp; ADMINISTRATION IN PHYSICAL EDUCATION</b></p> <p>2.1 Lesson Plan - Parts and preparation of general lesson.</p> <p>2.2 Methods of teaching Physical Activities.</p> <p>2.3 Organization of Intramural and Extramural competitions, athletic meets.</p> <p>2.4 Minor games &amp; Major games (Team) : Basic skills and rules of the following games:</p> <p>a) Indigenous games: Kho-Kho</p> <p>b) Ball Games : Volleyball</p> <p>2.5 Test Administration : Assessment of Physical Fitness - AAHPERD Youth fitness test - AAHPERD Health Related Physical Fitness test - Cooper's Run and Walk test (12 minutes - Men, 8 Minutes - Women)</p>



	<p>iv) Major games: basic skills and rules of the following games:</p> <p>i) Indigenous games: Kabaddi (or) Kho- Kho</p> <p>ii) Ball Games : Volleyball (or) Ball Badminton</p>	
3	<p><b>PHYSICAL FITNESS</b></p> <p>3.1 Meaning of Physical Well being - Physical fitness and its importance - Relationship of Physical well being with Physical fitness.</p> <p>3.2 Meaning and importance of components of fitness: Strength, Flexibility, Muscular endurance and Cardio-vascular endurance.</p> <p>3.3 Assessment of Physical Fitness - AAHPERD Youth fitness test - AAHPERD Health Related Physical Fitness test- Cooper's Run and Walk test (12 minutes - Men, 8 Minutes - Women)</p> <p>3.4 Development of Components Of Physical Fitness</p> <p>i) Stretching Exercises</p> <p>ii) Isotonic exercises</p> <p>iii) Aerobic exercises</p> <p>1.5 Adapted Physical education Programme for the disabled.</p>	<p><b>VARIOUS TOURNAMENTS, ORGANIZATIONS AND AWARDS</b></p> <p>3.1 Modern Olympics: History - Year &amp; Venues (Previous three and forth coming Olympics) - Olympic Ring - Olympic Flag - Olympic Motto.</p> <p>3.2 Asian Games : History - Year &amp; Venues (Previous three and forth coming Asian Games) Commonwealth Games: History - Year &amp; Venues (Previous three and forth coming Games)</p> <p>3.3 Role of National Organizations viz. SAL, NSNIS, IOC, IOA, SDAT, SGFI and LNIPE in Promoting Physical Education and Sports in India.</p> <p>3.4 Bharathiar day sports, Republic day sports. Adapted Physical Education: Activities for Differently-abled persons.</p> <p>3.5 Awards: Arjuna, Dronacharya, and Rajiv Gandhi Khel Rathna award.</p>
4	<p><b>HEALTH EDUCATION</b></p> <p>4.1 Meaning and Importance of health - Importance of health Education - School health Programme.</p> <p>4.2 Communicable diseases: Typhoid, Cholera, Chicken pox, Malaria and T.B - Agencies of Transaction - Signs and Symptoms - measures to control in the school campus.</p> <p>4.3 Food and Nutrition: Nutritional needs of body, Constituents of good nutritive food - balanced diet, under nutrition - malnutrition -</p>	<p><b>YOGIC THERAPY-I</b></p> <p>Symptoms, causes and therapeutic values of yoga in the following diseases</p> <p>4.1 Arthritis</p> <p>4.2 Back pain</p> <p>4.3 Constipation</p> <p>4.4 Blood pressure</p> <p>4.5 Stress and Asthma</p>



  
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4	<p>calorie requirements for different age and sex. Ergogenic aids in Sports.</p> <p>4.4 Common Sports injuries and their first-aid treatment (Sprain, strain, Contusion, Fracture, Dislocation and Skin injuries) and some common ailments among school children (Chilblain, prickly heat - warts - Impetigo - Erysipelas and Whitlow)</p> <p>4.5 Sex Education - Aids awareness Programme.</p>	
5	<p><b>INTRODUCTION TO ENVIRONMENTAL EDUCATION</b></p> <p>5.1 Definition, Scope and Need of environmental Hygiene.</p> <p>5.2 Environmental Segments - atmosphere - Hydrosphere - lithosphere - Biosphere</p> <p>5.3 Suitable physical environment for an ideal school</p> <p>5.4 Role of teachers in promoting a congenial physical environment in the school campus.</p> <p>5.5 Role of Government and Non-Government organizations in creating awareness on the importance of environmental hygiene.</p>	<p><b>YOGIC THERAPY-II</b></p> <p>Symptoms, causes and therapeutic values of yoga in the following diseases</p> <p>5.1 Diabetes</p> <p>5.2 Obesity</p> <p>5.3 Insomnia</p> <p>5.4 Depression</p> <p>5.5 Heart diseases &amp; Healthy life</p>

It was resolved to approve the changes made in the Elective Paper - B4 EL PE Physical Education (B.Ed., II Year IV Semester) from the Academic Year 2020-21 approved by the Board of Studies.

4. Self-study course namely Human Rights Education (FSHRE) in the B.Ed., Programme is removed from the Academic Year 2020 -2021 and introduce two new Self-study courses namely Information and Communication Technology and Mathematical Reasoning and Aptitude in the B.Ed., Programme from the Academic Year 2020 - 2021.

5. It was resolved to accept and approve the decision of Board of Studies for commencing the IV Semester from the beginning of the Academic Year 2020-21 (in the place of III Semester) and the internship shall be after the reopening of schools (in the place of IV Semester) as per the Government regulations due to Covid-19.

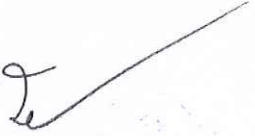
It was also decided and approved by the Board of Studies for the conduct of Semester Examinations (both III and IV Semesters - Theory and Practicals) for the Academic Year 2020-21 at the end of the Programme for the students of 2019-2021 batch.

Meeting ended with vote of thanks.

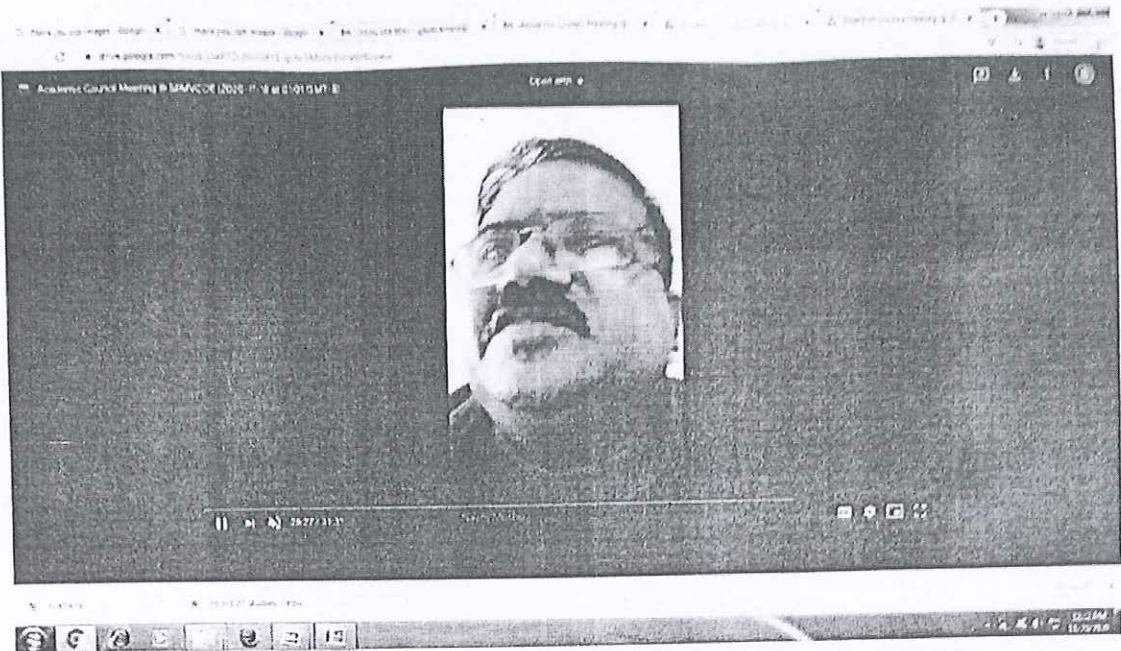


  
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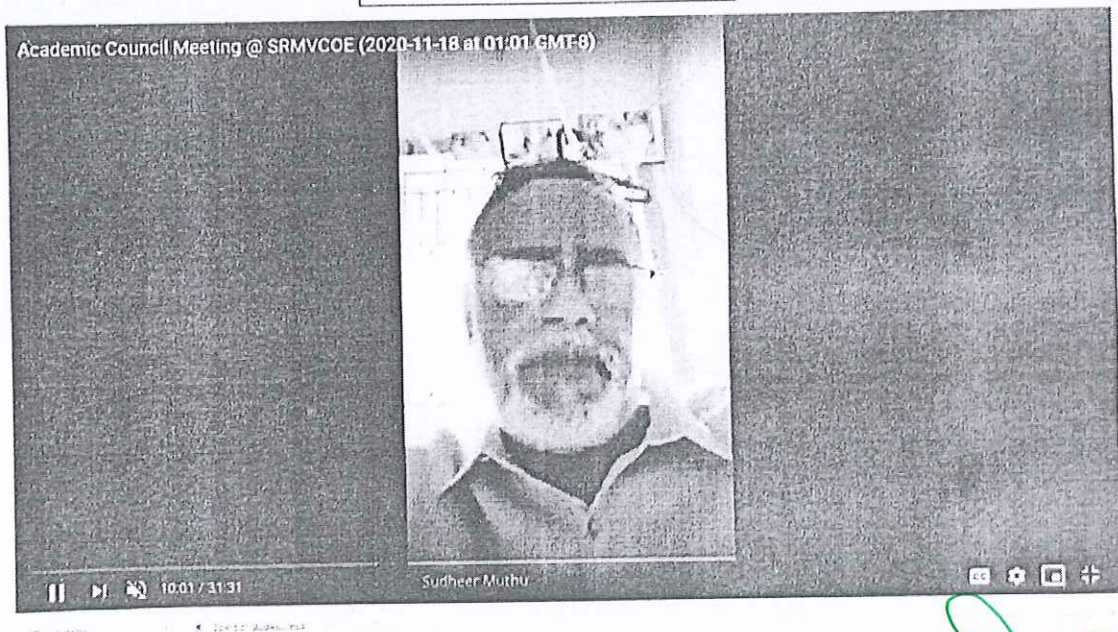
5

  
Chairman,  
Academic Council  
(Dr. G. Subramonian)  
Principal  
Sri Ramakrishna Mission Vidyalaya  
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## Academic Council Meeting

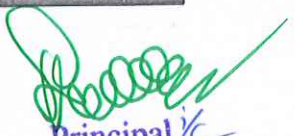


Dr. K. Nachimuthu



Dr. M. Sudheer



  
Principal  
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